

M: Freshly-baked sausage rolls with creamy mashed potato or pasta twists, beans or sweetcorn
V: Quorn Swedish meatballs in a BBQ sauce with either with rice or pasta twists, sweetcorn
D: Meringues with a custard cream and mandarins

M: Meatballs in a tomato sauce, served with pasta twists and wholemeal bread, peas and sweetcorn, or salad
V: Quorn korma served with rice and naan bread, peas and sweetcorn
D: Vanilla and raspberry sponge with custard

Bank Holiday Monday

Apr/May 2019			
		22	29
		23	30
		24	1
		25	2
		26	3
		27	4
		28	5

M: Mexican mild beef chilli with rice and tortilla chips, peas and sweetcorn
V: Three bean enchilada (mixed beans in a tomato sauce in a flour tortilla, baked with a cheese topping), with peas and sweetcorn or salad
D: Apricot flapjack

M: Baked K&M sausages with creamy mashed potatoes or pasta twists, baked beans or sweetcorn
V: Cheese and tomato quiche with either mashed potato or pasta twists, baked beans or sweetcorn
D: Blackcurrant jelly and fruit cocktail

M: Homemade K&M beef lasagne served with a garlic bread slice, peas
V: Broccoli and cauliflower cheese potato pie with peas
D: Rhubarb and ginger sponge with custard

May 2019			
6	13	20	
7	14	21	
8	15	22	
9	16	23	
10	17	24	
11	18	25	
12	19	26	

M: Roast chicken with sage and onion stuffing, creamy mashed or roast potatoes, savoy cabbage and carrots, gravy
V: Linda McCartney sausage with either mashed or roast potatoes with beans or savoy cabbage, and carrots,
D: Vanilla ice cream and peaches

M: K&M Roast beef, Yorkshire pudding with either roast or creamy mashed potatoes, broccoli, carrots and gravy
V: Vegetarian pastry pin wheels with either roast or mashed potato, broccoli, carrots
D: Vanilla sponge with icing

M: Roast gammon with pineapple, sage and onion stuffing, creamed mashed or roast potatoes, seasonal vegetables and gravy
V: Cheese and potato pin wheel served with creamy mashed or roast potatoes, baked beans or season vegetables
D: Chocolate cracknel

M: Mac and cheese - pasta twists in a creamy cheese sauce, garlic bread slice, seasonal vegetables
V: Moroccan vegetable tagine - a fruity vegetable casserole with Moroccan seasoning, served with vegetable cous cous

M: Pizza margherita - cheese and tomato topping on a deep crust base, served with either pasta twists and season vegetables or salad
V: Crispy crumb vegetable burger in a warm bun served with pasta twists and seasonal veg or salad
D: Fruit yogurts, fresh fruit salad, fruit cocktail

M: Tuna sweetcorn potato bake, served with mixed vegetables
V: Cheese and tomato pizza baguette served with golden vegetable rice
D: Fruit yogurts. Fresh fruit, Fruit cocktail.

M: Fish fingers with either golden fries or pasta twists, peas and sweetcorn. Tomato sauce
V: Cheese and tomato Panini, golden fries or pasta twists, sweetcorn, tomato sauce
D: Chocolate sponge and chocolate icing

M: Crispy baked chicken fillet served with either golden fries or pasta twists, peas and sweetcorn
V: Cheese and vegetable frittata served with either peas and sweetcorn or salad and coleslaw
D: Neapolitan ice cream

M: K&M beef burger in a warm bun, served with either golden fries or pasta twists, peas and sweetcorn
V: Oriental vegetable chow mein with noodles, peas and sweetcorn
D: Scones with fresh cream and jam



Fresh Fruit Salad and Müller Fruit Yogurts available daily



Salad Bar, Jacket Potatoes and Baguettes available daily



FREE SCHOOL MEALS

Free School Meals are available for those on lower incomes. For further information, contact the Education Helpline on 0345 155 1019. Application forms are available from the office.

HEALTHY PACKED LUNCHES GUIDANCE

A healthy packed lunch should include:

- Portion of starchy food, e.g. wholegrain bread, pitta, pasta
- Fruit/Veg
- Dairy: semi-skimmed milk, cheese, yogurt
- Portion of lean meat, fish, egg, hummus
- Drink of fruit juice, milk, water

SCHOOL DINNERS

If you are aware that your child is a 'fussy' eater, please spend some time going through the menu to ensure they like what is on offer. There is always a vegetarian option, as well as baguettes and jacket potatoes.

UNIVERSAL INFANT FREE SCHOOL MEALS

From September 2014 all pupils in reception, year 1 and year 2 in state-funded schools in England are eligible for a free school meal (FSM).

EVERYDAY EXTRAS

- Yogurts
- Salad Bar
- Jacket Potatoes
- Cheese Baguettes,
- Tuna Baguettes
- Fresh Fruit Salad