



# Ottery Primary School Newsletter



4<sup>th</sup> March 2019

## Children with medical conditions:

We have recently updated individual health care plans for all children with medical conditions. If your child has a medical condition and you have not updated this plan with your Child's Teacher, please let us know.

## World Book Day:

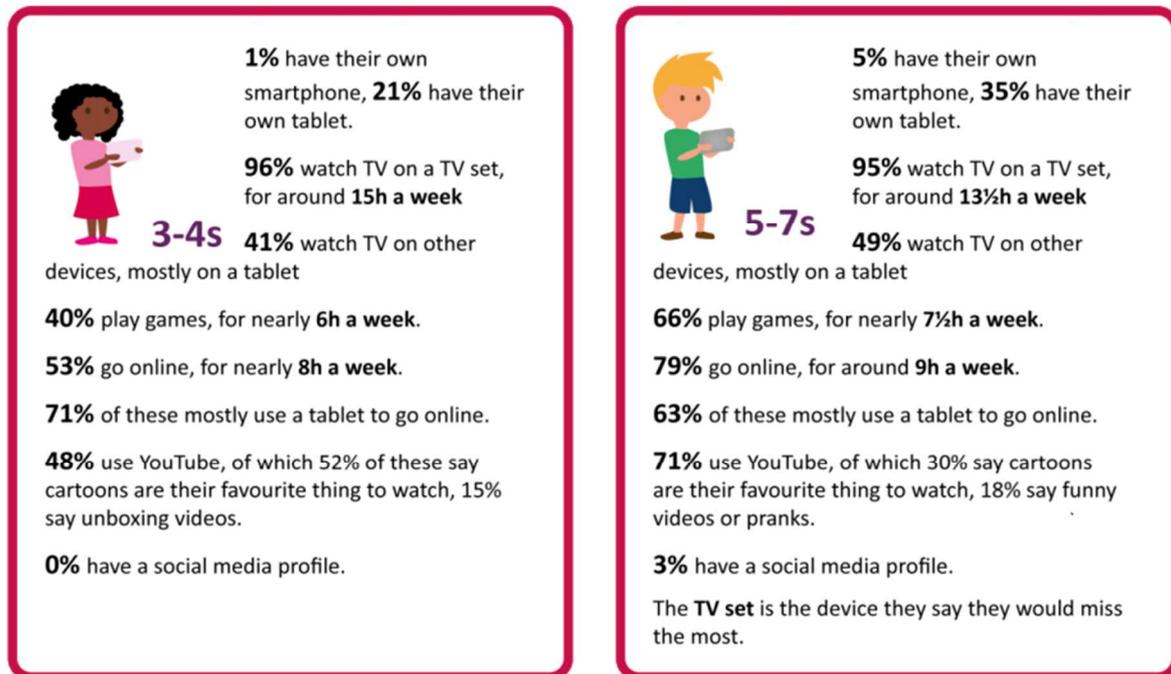
We're looking forward to seeing all the children in their World Book Day costumes next Thursday. Could we ask that the costumes they choose are age appropriate and will not cause upset for younger children in the school.

## Safer Internet Day:



## Ofcom Children and Parents: Media use and attitudes report 2017

The infographic below summarises some of the main findings of the report and make for interesting reading.



The recent publicity surrounding the Momo challenge highlights the need for everyone to be vigilant and aware of the potential dangers that are ever present online. Regardless of whether the challenge is a hoax or not, it clearly had the potential to upset children.

Childnet ([www.childnet.com](http://www.childnet.com)) have a wealth of information and resources to help you support your child online. Below are their five top tips:

- 1. Discuss how using technology makes us feel** - As a family discuss how using technology and going online can make you feel. Discuss how you know you have been online for too long, considering physical, emotional and device-level factors, eg headaches, feeling grumpy, device battery is now low.
- 2. Give technology a purpose** - It is important that we use technology for a purpose rather than unconsciously engaging with it which may lead to extended use. A good example of this would be using a tablet to find a recipe online and then putting it down to cook instead of looking for a recipe and ending up scrolling through endless pages online.
- 3. Establish boundaries** - Why not try using our family agreement to create a set of rules or boundaries to help keep your whole family safe online. At this age children can contribute their own ideas for safe use of technology and may respond more positively to rules which have been created in partnership with them. For more information on how to put the family agreement into practice with children of different ages please visit our family agreement blog.

4. **Use parental controls** - Make use of the controls available to ensure that the internet is a safer space for your child to explore. You can set up parental controls on devices, on your home internet connection and even on a mobile phone network. Visit Internet Matters for more detailed information per service, app and device. Remember that parental controls should form part of a wider approach to keep children safe online and not be used as a replacement for discussion and involvement.

5. **Be supportive** - It's important that children know who they can turn to for support and that they feel listened to and supported if anything ever does worry or upset them online. Make sure children know who all the trusted adults are that they can ask for help, whether it's at home or at school.

6. **Stay informed** - It's important that you know what to do or where to go to find out if ever your child does need help with something that is worrying or upsetting them online. Visit our 'Need help?' page for parents and carers for more advice, support and reporting routes.

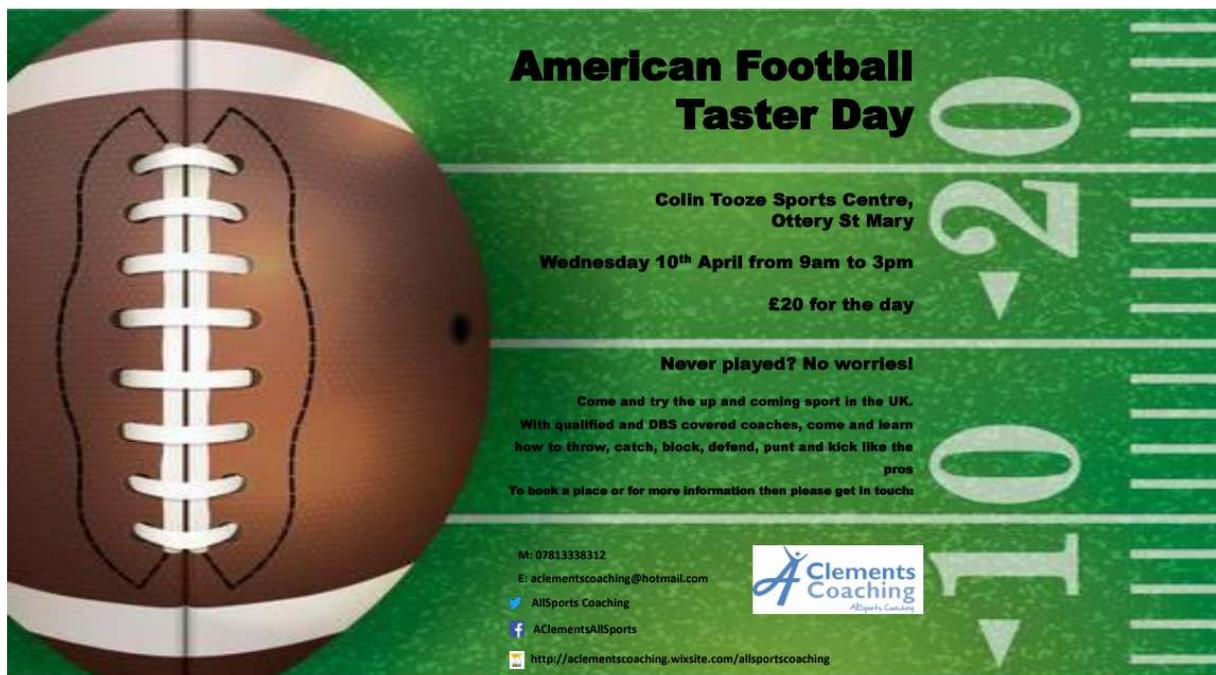
### Parent Consultation Evenings:

Parent Consultation Evenings are due to take place this term in the week beginning Monday 18<sup>th</sup> March. Please look out for letters coming home soon with dates/times.

### Traffic Issues:

Following various complaints over recent weeks, our PCSO will be making regular patrols outside the school dates at drop-off/pick-up times to monitor parking.

### Easter Holiday activities:

A promotional poster for an American Football Taster Day. The background is a green football field with white yard lines and numbers (10, 20, 30). On the left is a large, detailed image of a brown American football with white laces. The text is centered and right-aligned. At the bottom, there are contact details and a logo for 'A Clements Coaching AllSports Coaching'.

**American Football  
Taster Day**

**Colin Tooze Sports Centre,  
Ottery St Mary**

**Wednesday 10<sup>th</sup> April from 9am to 3pm**

**£20 for the day**

**Never played? No worries!**

Come and try the up and coming sport in the UK.  
With qualified and DBS covered coaches, come and learn  
how to throw, catch, block, defend, punt and kick like the  
pros

To book a place or for more information then please get in touch

M: 07813338312  
E: aclementscoaching@hotmail.com

 AllSports Coaching  
 AClementsAllSports  
 <http://aclementscoaching.wixsite.com/allsportscoaching>





## Multi Sports Holiday Club

Colin Tooze Sports Centre, Ottery St Mary

Wednesday 17<sup>th</sup> April from 9am to 3pm

£20 for the day

For boys and girls aged 5-11

*From football and cricket to frisbee and tennis, come and join in this Easter!*

*To book a place or for more info please get in touch.*

M: 0781338312

E: aclementscoaching@hotmail.com

 AClementsAllSports

 AllSports Coaching

 <http://aclementscoaching.wixsite.com/allsportscoaching>



### Dates for the diary:

World Book Day	Thursday 7 <sup>th</sup> March
PTA Storytelling (Years R to 3)	Friday 8 <sup>th</sup> March
Last day of Spring Term	Friday 5 <sup>th</sup> April
First day of Summer Term	Tuesday 23 <sup>rd</sup> April
Festival of Music	Friday 26 <sup>th</sup> April (pm)
Warren Barn week (Year 5)	w/c 29 <sup>th</sup> April
Half-term	w/c 27 <sup>th</sup> May
Inset days – school closed to children	3 <sup>rd</sup> and 4 <sup>th</sup> June
PGL (Year 6)	14 <sup>th</sup> -17 <sup>th</sup> June
Summer Fête	Saturday 20 <sup>th</sup> July
Last day of Summer Term	Thursday 25 <sup>th</sup> July