



# Ottery Primary School Newsletter



17<sup>th</sup> September 2018

## Meet the Teacher Evening:

Thank you to all those who came along to our Meet The Teacher Evening last week. I hope you found the evening useful and informative. If there is any additional information that you feel would have been useful to receive, please let us know via the office and we will do our best to adapt things moving forward.

## Meal Time Assistant:

We will soon be advertising for support with our school meals service through the role of Meal Time Assistant. The role involves supervising in the hall and playground during our lunch service which runs from 12.00-1.15 every day. We understand that this is a large commitment in the middle of each day so would be willing to appoint more part-time positions to help fill the gap. If you feel you would like to help support the children and could spare time in the middle of the day, be it everyday or a few days a week, please keep an eye out for the advert which will be placed on the school website and the Devon Jobs website. We will, of course, send a message when the advert goes live.

## Lost Property:

I mentioned in last week's newsletter that we would be disposing of lost property more regularly through the year. The children have been amazing at picking up lost property and returning it to its owners but they can only do this if items are named. We are seeing a build up of unnamed items already in lost property boxes. Please could you ensure that you name your child's clothing and particularly coats which are often expensive.

## Parking:

Could we ask all parents are mindful of our neighbours when parking around the school and do not block drives or park dangerously near road junctions.

## Smoking outside school gates:

It has been brought to our attention that we do have some parents who choose to smoke directly outside the school gates. Whilst of course we understand this is personal choice, please may we ask you to be considerate of other people and the message this sends to the children about healthy living.

## Timid to Tiger:

We will be running TIMID TO TIGER parenting course again this term. This is a 10 week group intervention for parents/carers of children of primary school age who present with some anxiety. The Programme was developed by Clinical Psychologists. It has been evaluated in use with children with a range of primary anxiety disorders including separation anxiety, social anxiety, generalised anxiety, panic, agoraphobia and specific phobias.

The group is for Parents/Carers only and runs for 10 weeks for 2 hours each week. It will start on

**Tuesday 25<sup>th</sup> September 9.15-11.15am at Ottery St Mary Primary School  
(breaking for half term)**

**We will be hosting a coffee morning on Tuesday 18<sup>th</sup> September from 9.00-10.00. If you would like to come along and find out more about the course, please contact the School Office to let us know that you will be coming so we can bake enough cake!**

**The course will be run by Anna Vine and Graham Harry (Youth Worker for o6 Project)**

The topics covered will include:-

- Securing the parent-child bond through play
- Understanding children's anxiety
- Using praise to build confidence
- Using rewards (including how to avoid the pitfalls!)
- Setting limits on anxious behaviour
- Using withdrawal of attention
- Managing children's worry
- Managing really difficult behaviour

## Dates for the Diary:

Timid to Tiger – introduction/coffee morning	Tuesday 17 <sup>th</sup> September 9am
Ottery Primary King of the Mountain – KS2 Playground	Thursday 20 <sup>th</sup> September 4pm
Timid to Tiger – first session	Tuesday 24 <sup>th</sup> September 9.15am
Year 1 Walk around Ottery	Wednesday 26 <sup>th</sup> September pm
PTA incl AGM	Thursday 4 <sup>th</sup> October 7pm
School Inset Day – school closed to children	Friday 5 <sup>th</sup> October
Year 2 Fire Station visit	Friday 12 <sup>th</sup> October am
Bag2School Collection	Thursday 18 <sup>th</sup> October
Half-term week	w/c 22 <sup>nd</sup> October